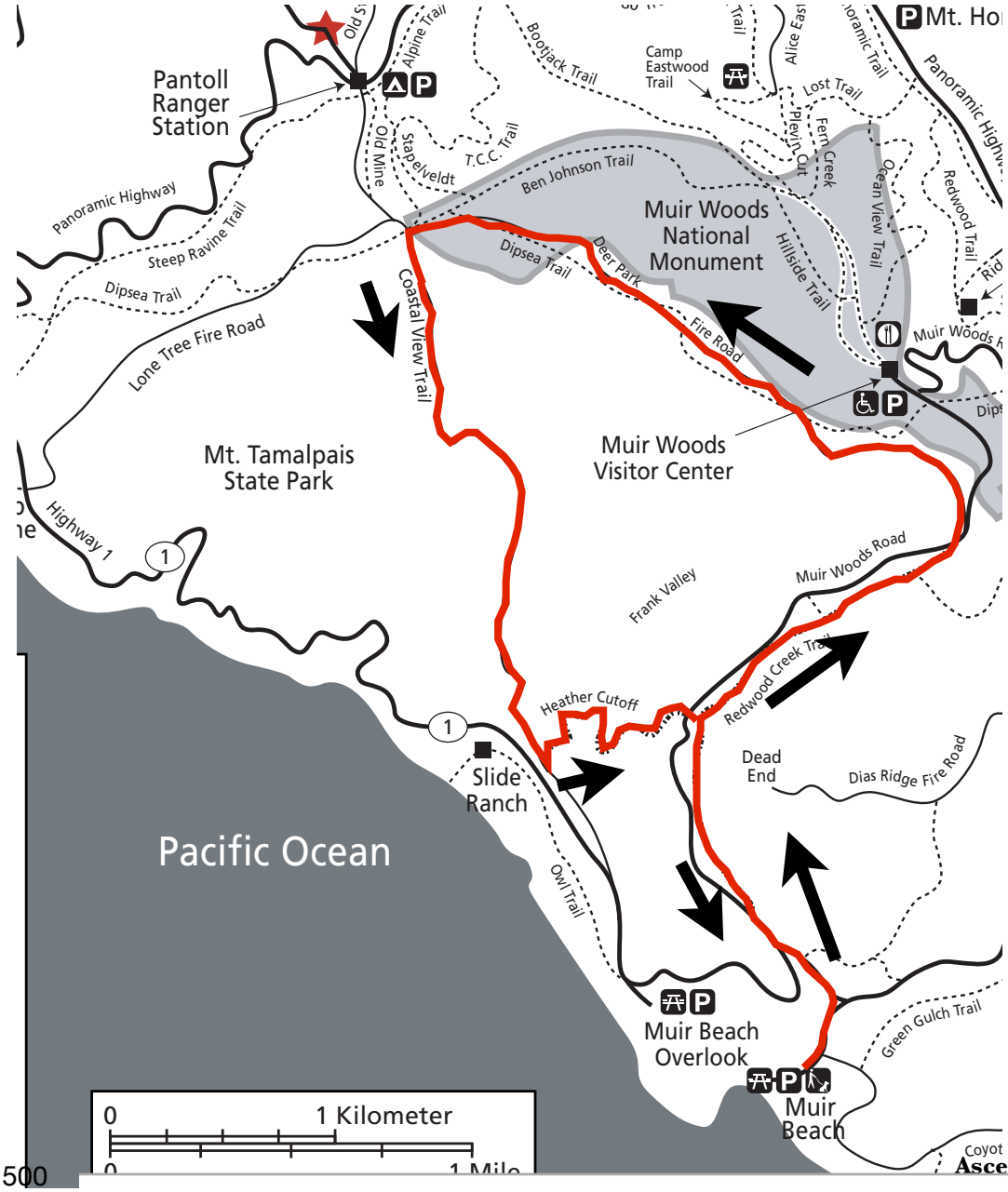
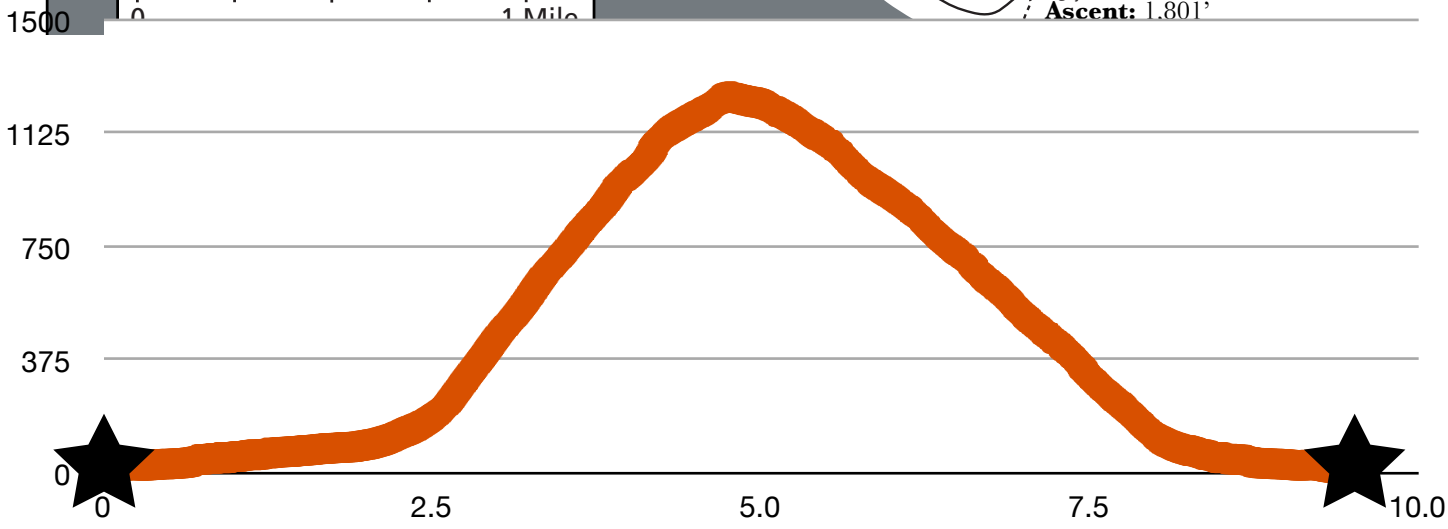
Muir Beach 10 Mile

THE ENDURABLES
ENDURANCE RUNNING CLUB SAN FRANCISCO



Trails

Muir Beach Start
Hwy 1 - R
Muir Woods Road - R
Redwood Creek Trail - R
Deer Park Fire Road - L
Pantol Station - Water
Coastal View - L
Heather Cutoff - L
Redwood Creek - Cross ranch/road
Muir Woods Road - L
Hwy 1 - L
Muir Beach

Ascent: 1,801'